**Athletic Announcements**

We are excited about starting the 2022-2023 Athletic Season. We have a couple of updates that we want to get out before the end of school.

* Basketball will be having workouts this summer for 9th-12th graders. Please reach out to Coach Bell at [boybasketball@ciscomets.com](mailto:boybasketball@ciscomets.com) for more information on dates and times.
* Volleyball will be hosting a volleyball camp on June 13th- June 16th and June 20th-June 24. Registration is $150. Please reach out to Coach Sessoms at [anniesessoms@ciscomets.com](mailto:anniesessoms@ciscomets.com) for more information.
  + <https://gofan.co/app/events/610036?schoolId=NC67891> (June 13th)
  + <https://gofan.co/app/events/610050?schoolId=NC67891> (June 20th)
* Tryouts for Varsity Soccer and Volleyball will begin on Monday, August 1st and times will be updated by coaches at a later date.
* Paperwork for all athletics will be going through “Final Forms” next year and everything will be digital. Once “Final Forms” website is up we will be sending it out as soon as possible.
* If you have not filled out the athletic survey yet there is still time to submit it <https://forms.office.com/r/PzCq2brxhM> (LINK)
* We are looking to have a total of 25 sports between middle and high school here at Carolina International School. We have some coaching positions available for teachers and parents if you are interested in coaching. If you are interested in an “OPEN POSITION” please reach out to our Athletic Director at [charleshood@ciscomets.com](mailto:charleshood@ciscomets.com).
* We are in the process of working on the Athletic Booster Club and Athletic Handbook. More information is to come in the near future.
* Below are all the current coaching staff and open positions. If you have any questions about a sport, please reach out to that coach. If that sport has an open position posted to it then reach out to the Athletic Director.

**COACHING STAFF**

Middle School Sports

1. MS Volleyball-Coach Kennedy- [megankennedy@ciscomets.com](mailto:megankennedy@ciscomets.com)
2. MS Cross Country- Coach Smith- [ivorismith@ciscomets.com](mailto:ivorismith@ciscomets.com)
3. MS Soccer- Coach Gibbons- [juliagibbons@ciscomets.com](mailto:juliagibbons@ciscomets.com)
4. MS Golf- Coach Harris- [michaelharris@ciscomets.com](mailto:michaelharris@ciscomets.com)
5. MS Tennis- OPEN POSITION
6. MS Boys Basketball- Coach Bishop- [omarisolomonbishop@ciscomets.com](mailto:omarisolomonbishop@ciscomets.com)
7. MS Girls Basketball- Coach Mayes- [kendramayes@ciscomets.com](mailto:kendramayes@ciscomets.com)
8. MS Cheerleading- OPEN POSITION
9. MS Softball- Coach Kennedy- [megankennedy@ciscomets.com](mailto:megankennedy@ciscomets.com)
10. MS Track and Field- Coach Smith- [ivorismith@ciscomets.com](mailto:ivorismith@ciscomets.com)
11. MS Baseball- Coach White- [johnwhite@ciscomets.com](mailto:johnwhite@ciscomets.com)

High School Sports

1. Varsity Volleyball- Coach Sessoms- [anniesessoms@ciscomets.com](mailto:anniesessoms@ciscomets.com)
2. Varsity Men’s Soccer- Coach Nikita- [coachnikita17@gmail.com](mailto:coachnikita17@gmail.com)
3. Varsity Cross Country- Coach Bishop- [omarisolomonbishop@ciscomets.com](mailto:omarisolomonbishop@ciscomets.com)
4. Varsity Women/Men’s Golf- Coach Hood- [charleshood@ciscomets.com](mailto:charleshood@ciscomets.com)
5. Varsity Women’s Tennis- OPEN POSITION
6. Varsity/JV Basketball- Coach Bell- [boysbasketball@ciscomets.com](mailto:boysbasketball@ciscomets.com)
7. Varsity Girls Basketball- OPEN POSITION
8. Varsity Cheerleading- Coach Smith- [ivorismith@ciscomets.com](mailto:ivorismith@ciscomets.com)
9. Varsity Swimming and Dive- OPEN POSITION
10. Varsity Men’s Tennis- OPEN POSITION
11. Varsity Track and Field- Coach Bishop- [omarisolomonbishop@ciscomets.com](mailto:omarisolomonbishop@ciscomets.com)
12. Varsity Softball- Coach Sessoms- [anniesessoms@ciscomets.com](mailto:anniesessoms@ciscomets.com)
13. Varsity Baseball- OPEN POSITION
14. Varsity Women’s Soccer- OPEN POSITION